



Cycle A Summer Term Year 1/2 DT Knowledge Organiser - Cooking and Nutrition

Key Vocabulary

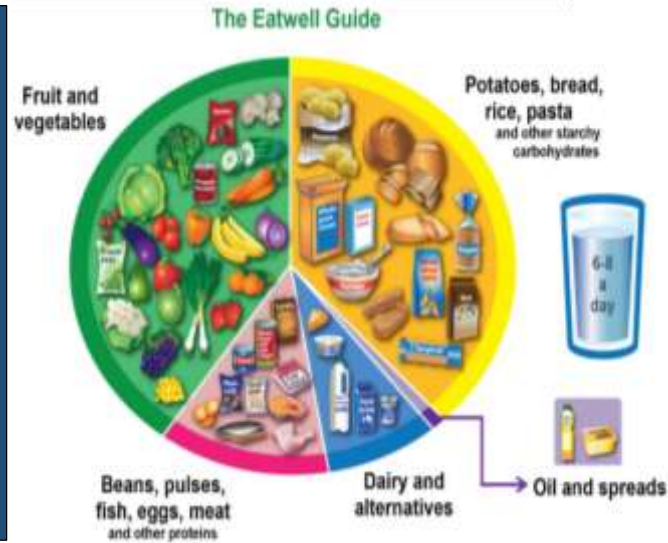
fruit and vegetable names, names of equipment and utensils sensory vocabulary e.g. soft, juicy, crunchy, sweet, sticky, smooth, sharp, crisp, sour, hard flesh, skin, seed, pip, core, slicing, peeling, cutting, squeezing, healthy diet, choosing, ingredients, planning, investigating tasting, arranging, popular, design, evaluate, criteria

Glossary

Cut	To use a knife to make something smaller
Fruit	The part of a plant that has the seeds in.
Ingredients	The foods needed to make a recipe.
Juice	To get the juice out of a fruit or vegetable.
Juicer	Something used to get juice from a fruit
Leaf	The flat green part of a plant that grows from a branch or stem.
Root	Part of a plant that takes water and other things from the soil.
Seed	New plants grow from it.
Stem	The long. Thin part of a plant that holds it up.
Table knife	A tool used for cutting.
Vegetable	Any part of a plant that you can eat.

Learning Objectives

- I can name and sort fruits and vegetables, identify seeds.
- I can describe where fruits and vegetables grow.
- I can practise food preparation skills and work safely.
- I can select ingredients for a recipe.
- I can apply food preparation skills to a recipe.
- I can evaluate against the design brief.



(Sticky) Knowledge & Skills that I need to remember

Skills



Key facts



Name _____

DT Quiz – Food and Nutrition Year 1-2



1. Which food is not a fruit?

- a) Strawberry.
- b) Tomato.
- c) Celery .



2. What do you use a juicer for?

- a) getting the juice from an orange.
- b) Cutting up a banana.
- c) Holding food steady.

3. Where do apples grow?

- a) Above the ground.
- b) Below the ground.
- c) On the vines.

4. Which of these words does not describe taste?

- a) Round.
- b) Sweet.
- c) Sour.

5. What do you need to do before preparing food?

- a) Go to the toilet and remember to flush.
- b) Wash your hands and surfaces.
- c) Turn the cooker on.

6. Which food would you not put in a healthy smoothie

- a) Honey.
- b) Chocolate.
- c) Sugar.

7. What are ingredients?

- a) Foods you need to make a recipe.
- b) Leftovers you need to bin.
- c) A list you take to the shops.

8) What tool would you use to cut up and mix the ingredients to make a smoothie

- a) Knife and Spoon.
- b) Juicer.
- c) Blender.