



Life to the Full Plus

Key Vocabulary

KS1
Year 1 / Year 2

Module 1

Unit/Topic	Session	Key Vocabulary	Notes
Religious Understanding	Let the Children Come (KS1_1.1.1 or Session ID: KS1-001)	special important worthy valuable unique individual Kingdom of Heaven welcome faith purpose happy body mind spirit	
Me, My Body, My Health	I am Unique (Me) (KS1_1.2.1 or Session ID: KS1-002)	unique special similarities differences individual gifts talents skills	
	Girls and Boys (My Body) (KS1_1.2.2 or Session ID: KS1-003)	similarities differences gender stereotypes equal value worth favourite interests personality physical appearance shoulders legs arms ears head	
	Key Decision #1	genitalia scientific penis testicles vulva vagina urethra private	
	Clean and Healthy (My Health) (KS1_1.2.3 and KS1_1.2.4 or Session ID: KS1-004 and KS1-005)	care special good super balanced diet clean wash brush sleep teeth hair body hygiene healthy	

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Emotional Well-being	Feelings, Likes and Dislikes (KS1_1.3.1 or Session ID: KS1-006)	like/dislike love/hate prefer feelings positive/negative loved respected safe excited frightened worried happy sad annoyed bored sleepy calm	
	Feeling Inside Out (KS1_1.3.2 or Session ID: KS1-007)	feelings actions choice extremely very a little bit fight angry annoyed negative positive	
	Super Susie Gets Angry (KS1_1.3.3 or Session ID: KS1-008)	feelings actions consequences choice mistakes sorry forgiveness God Jesus Sin separate friends Garden of Eden die Cross Sacrament of Reconciliation	
Life Cycles	The Cycle of Life (KS1_1.4.1 or Session ID: KS1-009)	different similar special growing changing God's plan God's love baby child teenager adult elderly person	
	Beginnings and Endings (KS1_1.4.2 or Session ID: KS1-010)	beginning ending middle birth lifetime death heaven God's love baby child teenager adult elderly person natural life cycle grief loss sad grumpy angry confused hard to concentrate lonely shocked puzzled messy hope	
	Change Is All Around (KS1_1.4.3 or Session ID: KS1PLUS-001)	change grow seasons life-cycle expected unexpected similarities differences God's plan growing up moving on transition manage feelings emotions support	
Module 2			
Religious Understanding	God Loves You (KS1_2.1.1 or Session ID: KS1-011)	naughty mistakes abandon forgive sorry God's love inheritance sin	

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Personal Relationships	Special People (KS1_2.2.1 or Session ID: KS1-012)	family mum dad brother sister grandma grandad friend priest special loving listen safe responsible adult	
	Treat Others Well... (KS1_2.2.2 or Session ID: KS1-013)	behaviour appropriate inappropriate OK not OK nasty mean teasing bullying rude lies generous helpful honest unfair jealous welcoming selfish fun good listener fair trust steal hurt	
	...and Say Sorry! (KS1_2.2.3 or Session ID: KS1-014)	fault blame forgiveness argument responsible sorry feelings actions trust hurt mistakes sin	
Life Online	Real Life Online (KS1_2.3.1 or Session ID: KS1-024)	internet network computer laptop tablet phone devices online offline shopping games directions social media photos email video calls instant messaging videos real feelings happy sad annoyed scared bored disgusted calm trust special person rules peace	
	Rules To Help Us (KS1_2.3.2 or Session ID: KS1-015)	safe unsafe online offline rules help internet screen time moderation pop-ups website games appropriate block report delete warm comforted reassured peaceful happy protected free tablet laptop phone helmet oven gloves seatbelt sunscreen hat map stop look listen stabilisers armbands	
Keeping Safe	Good Secrets and Bad Secrets (KS1_2.4.2 or Session ID: KS1-016)	good secret bad secret surprise safe unsafe temporary forever trust threat guilty private matter	
	Physical Contact (KS1_2.4.3 or Session ID: KS1-017)	body God respect gift appropriate inappropriate PANTS rules private physical touch positive negative feelings affection safe unsafe necessary unnecessary permission secret trust comfortable uncomfortable	
	Key Decision #6	harm private parts same born	

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	Harmful Substances (KS1_2.4.4 or Session ID: KS1-018)	medicines drugs alcohol cigarettes tobacco un/harmful substance addictive nicotine pills consume smoke bleach needles liquids doctor pharmacy	
	Can You Help Me? (Part 1) (KS1_2.4.5 or Session ID: KS1-019)	emergency police officer fire brigade firefighter ambulance paramedic vaccine 999 injury sick pain struggling car crash help caution germs	
	Can You Help Me? (Part 2) (KS1_2.4.6 or Session ID: KS1-020)	emergency police fire brigade ambulance paramedic 999 injury help twists sprains RICE (Rest, Ice, Compression, Elevation) burns cuts	
Module 3			
Religious Understanding	Three in One (KS1_3.1.1 or Session ID: KS1-021)	Holy Trinity God the Father God the son (Jesus) God the Holy Spirit Sign of the Cross persons love designed triangle	
	Who is My Neighbour? (KS1_3.1.2 or Session ID: KS1-022)	community neighbour Holy Trinity God the Father God the son (Jesus) God the Holy Spirit love The Good Samaritan	
Living in the Wider World	The Communities We Live In (KS1_3.2.1 or Session ID: KS1-023)	community consequences responsibilities national global school parish home receptionist teacher teaching assistant caretaker cleaner headteacher priest altar server reader choir recycling litter respectful graffiti	
	Who Will I Be? (KS1_3.2.2 or Session ID: KS1PLUS-002)	job work community money boys girls equality created by God unique strengths gifts talents satisfaction fulfilment God's call vocation God's plan	

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	<p>Needs and Wants (KS1_3.2.3 or Session ID: KS1LUS-003)</p>	<p>needs wants exchange value cost choice spend save give important valuable look after God's love</p>	
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