



The Holy Spirit Catholic Primary School

Relationship, Health & Sex Education Overview



Curriculum drivers: Resilience, Aspirations Independence Spirituality Enthusiasm

Throughout the programs of study drivers will be incorporated into children's learning.

CYCLE A	Autumn 1	Autumn 2	Spring 1	Spring2	Summer 1	Summer 2
EYFS	, Module 1, Unit 1 Story Sessions: Handmade With Love	Module 2, Unit 1 Session 1: Role Model Unit 2 Session 3: Forever Friends	Module 2, Unit 2 Session 1: Who's Who? Session 2: You've Got A Friend in Me Module 2 unit 3 What is the internet	Module 2, Unit 4 Session 2: My Body, My Rules Unit 3 session 2 Playing online	Module 2, Unit 4 Session 1: Safe Inside and Out Session 3: Feeling Poorly	Module 2 Session 4 People who help us Module 3, Unit 2 Session 2: When I grow up
KS1	Module 1, Unit 1 Story Sessions: Let the Children Come Module 2, Unit 1 Session 1: God Loves You	Module 2, Unit 2 Session 1: Special People Session 2: Treat Others Well Session 3: ...and Say Sorry	Module 2, Unit 3 Session 1: real life online Session 2: Rules to help us Unit 4 Session 2 Physical Contact	Module 2, Unit 4 Session 3 Harmful Substances Session 4: Can You Help Me? (Pt1) Session 5: Can You Help Me?	Module 3, Unit 1 Session 1: Three In One Session 2: Who is My Neighbour?	Module 1 unit 4 Beginnings& endings Module 3, Unit 2 Session 1:The Communities We Live In Module 1 unit4 session3 Change Is All Around
LKS2	Module 1, Unit 1 Story Sessions: Get Up! Session 2: The Sacraments	Module 2, Unit 1 Story Sessions: Jesus, My Friend Module 2, Unit 2 Session 1: Friends, Family and Others...	Module 2, Unit 2 Session 2: When Things Feel Bad Module 2, Unit 3 Session 1: Sharing Online Session 2: Chatting Online	Module 2, Unit 4 Session 1: Safe In My Body classroom shorts Session 2: Drugs, Alcohol and Tobacco Session 3: First Aid Heroes	Module 3, Unit 1 Session 1: A Community of Love Session 2: What is the Church?	Module 3, Unit 2 Session 1: How Do I Love Others? Module 1 unit 4 session 2 A Time for Everything
UKS2	Module 1, Unit 1 Story Sessions: Calming the Storm	Module 2 unit 1 session 1 God is calling you Unit 3 Session 1: Sharing Isn't Always Caring	Session 1: Under Pressure Session 2: Cyberbullying Session 2: Do You Want A Piece of Cake? Module 2, Unit 2 Session 3: Self-Talk	Module 2, Unit 3 Session 3: Types of Abuse Types of Abuse + Classroom Shorts Session 4: Impacted Lifestyles Impacted Lifestyles + Classroom Shorts Making Good Choices Giving Assistance	Module 3, Unit 1 Session 1: The Trinity Session 2: Catholic Social Teaching	UKS2 Module 3, Unit 2 Session 1: Reaching Out The World Of Work+ Classroom Shorts



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CYCLE B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Module 1, Unit 1 Story Sessions: Handmade With Love	Module 1, Unit 2 Session 1: I Am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy?	Module 1, Unit 3 Session 1: I Like, You Like, We All Like! Session 2: All the Feelings Session 3: Let's Get Real	EYFS, Module 1, Unit 4 Session 1: Growing Up Session 2 New people new places Classroom shorts Unit 3 session 1 What is the internet	S, Module 3, Unit 1 EYFS, Module 3, Unit 1 Session 1: God is Love Session 2: Loving God, Loving Others Session 1: Me, You, Us	EYFS, Module 3, Unit 2 Session 3 When I grow up Money doesn't grow on trees classroom shorts
KS1	Module 1, Unit 1 Story Sessions: Let the Children Come Module 1, Unit 2 Session 1: I Am Unique	Module 1, Unit 2 Session 2: Girls and Boys Session 3: Clean and Healthy (My Body)	Module 1, Unit 3 Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside Out	Module 1, Unit 3 Session 3: Super Susie Gets Angry Module 1 Unit 4 Session 1: The Cycle of Life	Module 2 Unit 4 session 1 Good and Bad Secrets Session 2 Physical Contact	Module 3, Unit 2 Session 1: Needs and Wants Session 2 Who will I be Classroom shorts
LKS2	Module 1, Unit 1 Story Sessions: Get Up! Module 1, Unit 2 Session 1: We Don't Have to be the Same	Module 1, Unit 2 Session 2: Respecting our Bodies	Module 1, Unit 3 Session 1: What Am I Feeling? Unit 3 Big Changes little Changes	Module 1, Unit 3 Session 2: What Am I Looking At? Session 3: I Am Thankful	Module 1, Unit 4 Session 1: Life Cycles Module 2 Unit 4 Rights and responsibilities classroom Shorts	Module 3 Unit 2 session 2 Working together Classroom Shorts Session 3 Money matters Classroom Shorts
UKS2	Module 1, Unit 1 Story Sessions: Calming the Storm Module 1, Unit 2	Module 1, Unit 3 Session 1: Body Image Session 4: Seeing Stuff Online	Module 1 unit 3 Session 2: Peculiar Feelings Module 1, Unit 3 Session 3: Emotional Changes	UKS2 Module 3, Unit 2 Session 1: Reaching Out Build others up + Classroom Shorts	Module 3, Unit 1 Session 1: The Trinity Session 2: Catholic Social Teaching	Money and Me + Classroom Shorts
Year 6 Cycle A&B	Session 1: Gifts and Talents	Session 2: Girls' Bodies Session 3: Boys' Bodies	Spots and Sleep	Making babies Part 1 Menstruation	Hope beyond Death	Coping with Change + Classroom Shorts