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| https://www.holyspiritruncorn.co.uk/themes/holyspirit/images/logo.pnghttps://www.holyspiritruncorn.co.uk/themes/holyspirit/images/logo.png  PE Year Plan - R to Y6 | | | | | | | |
|  | | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer2 |
| Year R/1 | Cycle A | Fundamental Movement  Skills 1 | Invasion  Game  Skills 1 | Gymnastics  Rocking and Rolling | Target  Games 1 | Athletics 1  (& Sports Day practise) | Striking & Fielding Game Skills 1 |
| Cycle B | Fundamental Movement  Skills 1 | Invasion  Game  Skills 1 | Gymnastics  Rocking and Rolling | Target  Games 1 | Athletics 1  (& Sports Day practise) | Striking & Fielding Game Skills 1 |
| Year 1/2 | Cycle A | Fundamental Skills 1 | Target Games 2 | Gymnastics - Wide, narrow  & curled rolling | Net & Wall Games 1 | Athletics 2  (& Sports Day practise) | Locomotion 2 |
| Cycle B | Fundamental Movement  Skills 2 | Invasion Game Skills 2 | Gymnastics - Balancing & spinning on P & Patches | Target  Games 2 | Athletics 2  (& Sports Day practise) | Striking & Fielding Game Skills 2 |
| Year 3/4 | Cycle A | Football | Invasion Game Skills 3 | Gymnastics - Linking movements together | Dance around the world | Athletics  (& Sports Day practise) | Outdoor and Adventurous Activities (OAA) |
| Cycle B | Hockey | Handball | Gymnastics – Receiving Body Weight | Dance - Egyptians | Athletics  (& Sports Day practise) | Outdoor and Adventurous Activities (OAA) |
| Year 5/6 | Cycle A | Football | Swimming | Gymnastics – Matching, Mirroring and Contrast | Dance – Through the Ages | Athletics  (& Sports Day practise) | Outdoor and Adventurous Activities (OAA) |
| Cycle B | Swimming | Handball | Gymnastics – Counter balance and tension | Dance – British Values | Athletics  (& Sports Day practise) | Outdoor and Adventurous Activities (OAA) |

Our scheme is supported by PE Primary Passport ( <https://app.primarypepassport.co.uk> )

Dance provided by external specialist in additional sessions during the year.

Daily Mile takes places each day for every class 10-15 mins.